## **Suicide Prevention and Mental Health Coalition**

## May 27, 2015 - Meeting Minutes

Jeri King, Peter Whelley, Jennifer Selfridge, Barbara Beede, Todd Ringlestein

Jennifer Selfridge spoke about the Grant activities that they have been sponsoring. Safe Message training CALM trainings and Connect Suicide Prevention and Postvention Training, flyers were distributed.

## Fall calendar

October is Mental Health Month

Forum Depression, Anxiety, Substance Misuse or Mental Health in General.

Tentative Date: 11/4/15 7-9 OK for Library space

Peter will contact NAMI for available personnel
Also a need for a commitment. For Survivors Day

We need key folks to be here in June 24th to do the planning!

Part of the Planning will be: Scope of the Forum Secure Speakers Refreshments? Costs if any?

Need to contact media, clergy, local leaders, flyers, Electronic postings Laconia Sun etc.

November is the Suicide Prevention Month.

Will we attempt to host a Survivors Day? Decide in May, Is there anyone on our coalition that would like to take the lead on this effort? Without a point person we won't follow up.

November 21st is the date.

Next Meeting Date/Time June 24<sup>th</sup> 4:30 PM